

## CHILD/ADOLESCENT DEVELOPMENTAL HISTORY

Date: \_\_\_\_\_ Name of Child: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Name of person completing this form: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

### PRESENTING PROBLEM:

Describe the problems your child is having and when they started:

### PREGNANCY AND BIRTH HISTORY:

Was the pregnancy \_\_\_\_\_planned or \_\_\_\_\_unplanned? Was it full-term? \_\_\_\_Yes \_\_\_\_No

How did the mother feel about this pregnancy?

How did the father feel about this pregnancy?

Was any alcohol, drugs, or medications used during pregnancy? \_\_\_\_Yes \_\_\_\_No

If yes, please describe:

Did either parent smoke during the pregnancy? \_\_\_\_Yes \_\_\_\_No If yes, who? \_\_\_\_\_

Were there any problems with the pregnancy or birth?

### DEVELOPMENT:

Was the baby \_\_\_\_\_breast fed \_\_\_\_\_bottle fed \_\_\_\_\_both

Who was the primary caretaker for the child? \_\_\_\_\_

Client Name: \_\_\_\_\_

DOB: \_\_\_\_\_

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Estimate when your child first:

Smiled	_____	Rolled over	_____	Sat up on own	_____
Crawled	_____	Stood	_____	Walked	_____
Ran	_____	Said first word	_____	Said phrases	_____
Fed self	_____	Dressed self	_____	Toilet trained	_____

Were there any behavioral difficulties or discipline problems during early childhood?

Did your child have temper tantrums? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please describe:

What discipline techniques were used? Describe the impact.

**EDUCATION:**

What grade is your child in? \_\_\_\_\_ Has she/he ever repeated or skipped a grade? Which one? \_\_\_\_\_

Does your child have any attendance problems?

Has she/he had any discipline problems at school? Has she/he ever been suspended or expelled?

What are her/his grades like? Have her/his grades changed recently?

Does she/he have any learning disabilities, attend special education classes, or require any special accommodations?

Does she/he have any hearing, vision, or speech impairments?

Do you have any concerns about how your child gets along with his/her peers in the school setting? If yes, describe.

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**MEDICAL HISTORY:**

What is the name of your child's current physician (PCP)? \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Last Appointment: \_\_\_\_\_ Are screenings/immunizations up to date:  Yes  No

May we contact your child's PCP in order to coordinate care? \_\_\_\_ Yes \_\_\_\_ No

Release of Information Signed:  Yes  No If no, indicate reason: \_\_\_\_\_ (for office use only)

Date other treatment provider was contacted: \_\_\_\_\_ (for office use only)

Please check if your child has had any of the following (and if so, at what age):

- |                      |                       |   |                             |
|----------------------|-----------------------|---|-----------------------------|
| ____ Seizures        | ____ High fevers      | ____ Measles                            | ____ Mumps                  |
| ____ Chicken Pox     | ____ Whooping Cough   | ____ Diphtheria                         | ____ Croup                  |
| ____ Pneumonia       | ____ Tonsillitis      | ____ Meningitis                         | ____ Encephalitis           |
| ____ Rheumatic Fever | ____ Tuberculosis     | ____ Sinusitis                          | ____ Chronic colds          |
| ____ Enlarged glands | ____ Thyroid problems | ____ Asthma                             | ____ Chronic ear infections |
| ____ Heart trouble   | ____ Head trauma      | ____ Allergies (please describe): _____ |                             |

List any other illnesses (including chronic illnesses or infectious diseases), accidents, injuries, hospitalizations, and surgeries:

List all prescription and over-the counter medications your child takes for any medical reason (include any vitamins & herbal supplements):

List any family history of physical illnesses or chronic medical conditions:

**TREATMENT HISTORY:**

Is your child currently seeing another Psychiatrist, Psychologist, Social Worker, or Counselor? \_\_\_\_ Yes \_\_\_\_ No

What is the name of your child's other treatment provider? \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

May we contact your child's other treatment provider in order to coordinate care? \_\_\_\_ Yes \_\_\_\_ No

Release of Information Signed:  Yes  No If no, indicate reason: \_\_\_\_\_ (for office use only)

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Has your child been in counseling before? If yes, please list who they saw, when they were seen, how long counseling lasted, and the outcome.

Has your child ever been hospitalized for emotional problems or for alcohol/drug treatment? If yes, please list when they were seen, where they were hospitalized, and the outcome:

List any medications your child **currently takes** for emotional or behavioral problems:

List any medications your child has taken **in the past** for emotional or behavioral problems:

Does your child, **if age 16 or older**, have a psychiatric advanced directive? Yes No N/A  
If yes, explain and provide paperwork:

List any community resources you or your family has utilized (e.g., support groups, social services, AA/NA, school-based services):

**SOCIAL HISTORY:**

Does your child make friends easily? How does she/he get along with others?

Have there been any losses, changes, or transitions in your child's life?

Does the family have any cultural, spiritual, or religious beliefs that influence the child?

What hobbies/interests does your child have (include extra curricular activities)?

What are your child's strengths? What does she/he believe are strengths?

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**FAMILY HISTORY:**

Are the parents of the child married, separated, or divorced? If they are separated or divorced, what are the custody arrangements? Have there been any problems with the custody arrangements?

Please list all members of the household, their ages, and their relationship to your child:

Is there a history of mental illness, suicide attempts, or substance abuse in your family? If yes, please explain.

Is there any additional information you feel would be helpful to the treatment of your child?

What are your goals and expectations for treatment?